



Sailing Terms Everyone Should Know

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■ SAILBOATS (<https://asa.com/news/category/asa-sailboats/>).

Knowing the right sailing terms to use on board a boat is not JUST a way of sounding super cool and impressing your friends. (Though it works for that, too.) It's actually very useful, and sometimes crucial in communicating while you're sailing. Some of the vocabulary used on board boats can sound arcane, which it is! That's part of what's fun about it; we're still using terms that have been used by sailors for hundreds of years. So when you know your terminology, you're participating in the grand sailing tradition, and you don't have to say, "Can you hand me that...thing?"

Here are the key sailing terms you'll want to know as you begin [learning to sail](https://asa.com/learn-to-sail/) (<https://asa.com/learn-to-sail/>)!



PHOTO BY B. COHEN

- **Port:** Facing forward, this is anything to the left of the boat. When you're onboard, you can use this term pretty much any time you would normally say "left."

Starboard: Facing forward, this is anything to the right of the boat. Same deal as "port"—only the opposite.

- **Bow/Stern:** The bow is the front of the boat, the stern is the back. Anything near the front of the boat is referred to as being "forward," and anything toward the back is "aft" or "astern."
- **Point of Sail:** The boat's direction relative to the wind. For example, if you're going straight into the wind, your point of sail is called "in irons." (Note: This isn't a good place to be!) If the wind is blowing straight over the side of the boat, that's called a "beam reach." There are 8 commonly used

points of sail, and it's a good idea to familiarize yourself with them before going out.

- **Helm:** Where you steer the boat. Usually this is a big wheel, but on smaller boats it can be a tiller, which is basically a long wooden stick. Either of these can be used to control the boat's rudder.
- **Keel:** The keel is a long, heavy fin on the bottom of the boat that sticks down into the water. It provides stability and is the reason why modern sailboats are nearly impossible to capsize.
- **Heeling:** This is the term for when a sailboat leans over in the water, pushed by the wind. There's nothing else like the thrill of heeling over as your sails fill and your speed picks up!
- **Tack:** This term has two distinct meanings, both of them very important. As a verb, to tack is to change direction by turning the bow of the boat through the wind. As a noun, your tack is the course you are on relative to the wind. For example, if the wind is blowing over the port side, you are on a port tack. If it's blowing over the starboard side, you're on a...you guessed it...starboard tack.
- **Jibe:** A jibe is another way of changing direction, in which you bring the stern of the boat through the wind. Whether you choose to tack or jibe entirely depends on the situation—what's around you, and the direction of the wind.
- **Windward:** The side of the boat closest to the wind. When heeling over, this will always be the high side.
- **Leeward:** The side of the boat furthest from the wind. When heeling over, this will always be the low side.
- **Lines:** On board a boat, this is what you say instead of "ropes."
- **Mainsail:** The big triangular sail just aft of the sailboat's mast. As the name suggests, this is the boat's largest and most important sail. Running along its bottom edge, the mainsail has a thick pole called the boom.
- **Jib:** The next most common sail on any boat. The jib can always be found forward of the mast, and unlike the mainsail, does not have a boom.

Learning sailing terms is an important step. Not only will you sound like you know quickly begin to realize that with the right practice and training, you really DO know what you're doing!

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[How To Sail \(/how-to-sail-a-boat/\)](/how-to-sail-a-boat/) Sailing a boat is part art and part skill but few activities offer such a variety of pleasures as sailing. Something special occurs when you cast off the lines and leave your cares at the dock.

[7 Tips For The Beginning Sailor \(/7-tips-for-the-beginning-sailor/\)](/7-tips-for-the-beginning-sailor/) There are the obvious things you need when you go sailing, sunscreen, a hat, a windbreaker, non-skid shoes, and wind. However, what do you really need to be ready to head out on the water?

[How To Learn To Sail \(/how-to-learn-to-sail/\)](/how-to-learn-to-sail/) You won't have to buy a boat or learn a new language or buy a new wardrobe to get a taste for sailing. You can dictate how much you want to experience.

[Learning To Sail Is Just The Beginning \(/learning-to-sail/\)](/learning-to-sail/) Sailing means different things to different people. At ASA we understand that learning to sail is just the beginning of a relationship with a lifestyle that is infectious. Where will sailing take you? We have a few ideas but how you view sailing is the most important.

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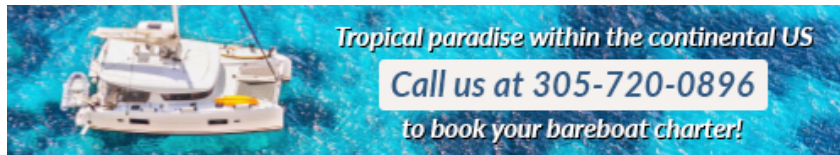
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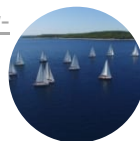
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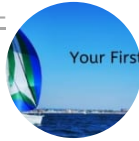


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